

CRISIS SUPPORT SERVICES

In case of emergency please call 000

13YARN	13 92 76	Kids Helpline (5-25yrs)	1800 551 800
1800 Respect Sexual Assault & DV Crisis.....	1800 737 732	Lifeline	13 11 14
ACUTE Care Team (Mental Health)	1300 642 255	Mates Helpline	1300 642 111
Townsville Medicare Mental Health Centre	(07) 4766 8444	NICRS National Indigenous Critical Response Service	1800 805 801
Beyondblue	1300 224 363	Poisons Information Centre	13 11 26
DV Connect WomensLine	1800 811 811	Standby Support After Suicide	1300 727 247
DV Connect Sexual Assault Helpline	1800 010 120	Suicide Call Back Service	1300 659 467

SUPPORT SERVICES

ALCOHOL & OTHER DRUGS

Acute Care Team (Alcohol & Drug)	1800 177 833
ATODS Alcohol Tobacco & Other Drugs Services	1800 177 833
Lives Lived Well	1300 727 957
Ozcare Residential Drug & Alcohol Treatment Service	(07) 4729 5380
Stagpole Street Drug & Alcohol Rehab Unit	(07) 4722 7130
Townsville Recovery Centre	(07) 4772 3607

HEALTH CENTRES & MEDICAL SERVICES

13 Health	13 432 584
House Call Doctor	13 55 66
Mater Hospital	(07) 4727 4444
TAIHS Garbutt	(07) 4759 4000
Townsville Hospital & Health Service	(07) 4433 1111
Townsville Private Clinic	(07) 4431 1600

CHILD, YOUTH & FAMILY

Child Safety Services (After Hrs)	1800 177 135
CYMHS Child & Youth Mental Health Services	(07) 4433 9004
Family & Child Connect	13 32 64
Headspace	(07) 4799 1799
Parentline	1300 301 300
Relationships Australia	1300 364 277
The Women's Centre	(07) 4775 7555

HOUSING

Homeless Hotline	1800 474 753
Iris Clay Hostel	(07) 4772 3649
Murri Watch Community Patrol	0431 282 820
TAIHS Youth Shelter	0419 632 088
Yumba Meta Ltd	(07) 4723 5611

CARERS

Carer gateway	1800 422 737
Arafmi	1300 554 660

COUNSELLING & SUPPORT SERVICES

Aboriginal & Torres Strait Islander:	
- Legal Service	(07) 4722 5111
- Woman's Legal Service	1800 082 600
Brother to Brother	1800 435 799
Community Information Centre Townsville	(07) 4727 9730
CORES Community Response to Eliminating Suicide	0427 455 313
Homeless Health Outreach Team (Mental Health)	(07) 4433 9480
MensLine Australia	1300 789 978
National Medicare Mental Health Phone Line	1800 595 212
Older Persons Mental Health Service	(07) 4433 9568
PANDA Perinatal Anxiety & Depression Australia	1300 726 306
SANE Australia Helpline	1800 187 263
Selectability Corner	(07) 4453 0180
SOSBSA Suicide Bereavement Support Group	0407 490 965
TMSG Townsville Multicultural Support Group	(07) 4775 1588
Townsville Women's Health & Wellbeing Service	(07) 4766 8415
Victims Assist Qld	1300 546 587

DISABILITY SUPPORT

Queensland Advocacy for Inclusion	(07) 3844 4200
Rights in action	1800 887 688

LGBTQIA+

Gayawur Rainbow	(07) 4453 2209
Qlife	1800 184 527

VETERANS

Mates4Mates	(07) 4771 9600
Northern Queensland Legacy	(07) 4772 7533
Open Arms	1800 011 046
Wounded Heroes Crisis Support Hotline	1800 532 112

